

Timberlake Football

Practice & Game Attendance Policy

- This policy is for player attendance at Timberlake football practices and games, for all players.
- The purpose of this policy is to ensure that all players understand the attendance expectations of the Timberlake Football Program.

State Rules:

- 10 practice days before a competition (game, jamboree, or officiated scrimmage)
 - This is an IHSAA Rule.
 - All State Rules may be found [here](http://www.idhsaa.org/manage/articlefiles/11-Football.pdf). (<http://www.idhsaa.org/manage/articlefiles/11-Football.pdf>)
 - “Ten Day Practice Rule:
 - Ten days of practice must be conducted before an athlete participates in a contest regardless of when they become a participant on the team. Each player must have at least two (2) days of practice without any pads. Shoulder pads may be worn on the third (3rd) day and full pads on the fifth (5th) day.”
- Physical Requirement:
 - All players must have a physical on file with his or her school before he or she may participate in any sanctioned practice.
 - Practices do not count toward your 10 until you have an up-to-date physical on file (Freshmen and Juniors must have physicals).
 - Players must have a physical every 2 (two) years.

TEAM Rules:

- **Coaches Responsibilities**
 - Coaches will take attendance for every practice.
 - Coaches will check in with players about player absences.
- **Player Responsibilities:**
 - Players need to report absences for appointments to coaches during the day before's practice, or via Remind. The sooner ahead of time the better.
 - Players need to contact coaches as soon as possible about other absences
 - Sickness, accidents, unplanned issues, etc.
 - Use Remind or call Alby (Coach Alby's Home phone: 208-623-6311)
- **Unexcused Absences:**
 - Any unreported absence from a practice or game.
 - A player with 1 or more **unexcused** absences in a week will not be allowed to participate in any competition(s) for that week.
 - Players must “make-up” missed practice with conditioning following their next practice.
- **Excused Absences:**
 - Any reported absences from a practice or game.
 - Players with 1 or more **excused** absences in a week can still be held from participation in competition(s) for the week, and may not be allowed to start the next competition.
 - Players must “make-up” missed practice with conditioning following their next practice.
 - Absences, **excused** or **not**, still affect the team's daily practice routines and effectiveness.
 - If you are gone, there will be a consequence of some kind.
- **Tardies (Late to practice)**
 - Tardies will be treated in a similar way to absences: Those reported will be **excused**; those unreported will be **unexcused**.
 - Consequences for **excused** and **unexcused** tardies will be similar to absences.

Timberlake Football

Game-Day Uniform & Dress Policy

- This policy is for player uniforms for all Timberlake football games (Varsity, Junior Varsity, and Freshmen), for all players.
- The purpose of this policy is to ensure that every player looks **uniform**, that is to say as much alike one another as possible.

- **Socks:**

- Must be a **ONE SOLID** color.
- Players can choose **White, Navy Blue, Gold or Black** only
- Any other color, or any mixed colored sock being worn will result in removal from the entire game, and the violating player will be given an unexcused absence for his dress violation.

- **Underpad Shirt and/or Long Sleeve Shirt and/or Leggings/Long Pants:**

- Must be **ONE SOLID** color.
- Players can choose **White, Navy Blue, Gold or Black** only
- Any other color, or any mixed colored shirt being worn will result in removal from the entire game, and the violating player will be given an unexcused absence for his dress violation.

- **Cleats:**

- Players can choose **White, Navy Blue, Gold or Black** only (a mix of these colors is acceptable)
- As a staff we understand that finding football cleats on a budget can be tough. We suggest these colors for our players, but we understand that the cleats found on the discount rack are usually those with the most outlandish color schemes.

- **Head Gear (under the helmet):**

- No Doo-rags, or skull caps of any kind may be worn by any Timberlake Player.

- **Gloves:**

- Players can choose **White, Navy Blue, Gold or Black** only (a mix of these colors is acceptable)
- Any other color, or any other color mixed gloves being worn will result in removal from the entire game, and the violating player will be given an unexcused absence for his dress violation.

Sign below to acknowledge that you and your player have read and understood the philosophies and policies for the Timberlake Football Program:

Parent/Guardian Signature: _____ **Date:** _____

Parent/Guardian Printed Name: _____

Player Signature: _____ **Date:** _____

Player Printed Name: _____